

Conditions of Entry

1. You must enclose a non-refundable registration fee of £250 (£200 if before 30th June 2011). You will have the option of having this refunded if you raise more than £4,500 in sponsorship.
2. You must undertake to raise a minimum of £2,500 in sponsorship money (less if Group rates or travelling from outside Europe, as specified). 75% of your sponsorship money should be forwarded to EMMS International at least 4 weeks prior to departure and the remaining 25% within 6 weeks after completion of the event. If you are unable to meet these sponsorship requirements you may forfeit your place, or you may choose to make up the balance yourself.
3. All funds raised must be payable to EMMS International Bike Ride.
4. Should you be unable, for whatever reason, to take your place on the bike ride, after registering, all sponsorship monies collected should be donated to EMMS International.
5. You must be at least 18 years old before the departure date of the event or else have made specific arrangements with EMMS International.
6. You must be in good health, undertake regular training and be fit enough to take part in the event.
7. You must not suffer from alcohol or drug dependency nor have any criminal record (excl. driving offences).
8. Your passport must have at least 6 months to run at the time of exit from the countries that you are visiting.
9. If you are refused passage and /or entry to or from the countries you are visiting, any additional costs will be borne by yourself.
10. You participate at your own risk and you must be covered by travel insurance suitable for the activity you are undertaking. Classic Tours offer insurance or you can make your own arrangements. You must provide proof of insurance at least 8 weeks prior to departure.
11. All dates, flights, flight timings, itineraries and arrangements are subject to change without notice. Transfers to/from London are at your own expense.
12. You must be committed to the ethos of the bike ride and to making it a success in every way. You must uphold the interests and good reputation of EMMS International and The Nazareth Trust during your fund raising activities and on the bike ride itself.
13. You consent to your name being added to the EMMS International and Nazareth Trust databases and receiving regular information from EMMS International and The Nazareth Trust.
14. You must take and wear a cycle helmet.

The information above is correct at the time of going to press. Where relevant you should check the current situation prior to departure. All travel arrangements for the EMMS International Bike Ride 2011 are being made through Classic Tours, Tramways House, 377 Camden Road, London N7 0SH (ATOL No. 3379)

Payment Form

I enclose my registration fee of **£250 or £200***, cheque payable to 'EMMS International Bike Ride' or please charge my credit card:

Access/Mastercard, Visa, American Express, Diners, Switch, Delta*

* please delete inapplicable

Security Code

Card No:

Expiry date: / Switch Issue date: /

Cardholder's name (as it appears on the card)

Signature Date

I would like to **RECOMMEND A FRIEND** please send an Application Pack to:

Name:

Address:

Post code:

Please return to EMMS International, 7 Washington Lane, Edinburgh, EH11 2HA

The Joint EMMS International/Nazareth Trust Bike Ride

Cycle the Galilee

THE 150TH ANNIVERSARY OF THE NAZARETH HOSPITAL

6th—13th November 2011

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PHOTO
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Name:



emmsINTERNATIONAL
Health and Education for Today, Hope for Tomorrow



classic tours
LEADING THE WAY IN CHARITY CHALLENGES

The Nazareth Trust is the operating name of EMMS Nazareth, Head Office: Laurel Gables, Hetton-le-Hole, Tyne and Wear, DH5 0AU
Tel: +44(0) 191 5 20 80 30 www.nazarethtrust.org. Israeli Office: The Nazareth Hospital EMMS, PO Box 11, Nazareth 16100, **EMMS Nazareth** is a company limited by guarantee registered in Scotland—Company no: SC 225661, **EMMS Nazareth** is a charity registered in Scotland — Charity No: SC 032510 **Registered Office:** 151 St Vincent St, Glasgow, G2 5NU

EMMS International, 7 Washington lane, Edinburgh EH11 2HA, Tel: 0131 313 3828 Fax: 0131 313 4662 e-mail: info@emms.org
Web: www.emms.org, **EMMS International** is a Registered Scottish Charity No. SC032327 A Company Limited by Guarantee
Registered in Scotland no: SC224402 Registered Office: 7 Washington Lane, Edinburgh EH11 2HA

APPLICATION FORM

- I apply to take part in the joint EMMS International/Nazareth Trust Bike Ride and accept the rules and conditions of this event.
- I enclose two recent passport-sized photographs, with my name clearly printed on the back and a cheque for the registration fee of £200 or £250 if after 30 June 2011.
- I have read, understood and agree to all the conditions of entry and I acknowledge that: "neither EMMS International, The Nazareth Trust nor their agents or contractors, shall be liable in respect of personal injury, sickness or death, arising out of, or in any way connected with, the EMMS International/Nazareth Trust Bike Ride 2011."

Signed Date

Please read this form carefully. Please complete it in BLOCK CAPITALS, sign all sections and return it to EMMS International at the address noted on the back.

Personal Details *(please give your full name as it appears on your passport)*

Title: Surname: Forenames:

Preferred name: Height (in centimetres):

Address

..... Post Code:

Home telephone: Daytime Telephone:

e-mail address:

Passport Details *(your passport must be valid for 6 months after the date of exit from the country you are visiting)*

Date of birth: Place of birth:

Place of issue: Date of issue:

Passport no: Date of expiry:

It is essential that we have the above information. If you do not have a passport at the moment, just send in your entry form and let us have the details as soon as you can.

Church Connection

Do you belong to a Church or Fellowship? YES/NO. If "yes", which one:

Tell us about your church involvement:

Cycling Experience

How would you describe your cycling ability Adequate Competent Experienced

Please give us any relevant details of your cycling experience

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Have you taken part in an EMMS bike ride before? Yes / No If Yes, which year?

And where?

Group Applications

To qualify for Group Rates, please submit your applications together.

Please enter the name of your Group Leader:

Medical History and Fitness Confirmation

The 2011 Bike Ride will cover about 400 kilometres, covering challenging countryside and conditions. To do this you will need to be in good health and ensure you undertake regular training. The event is not recommended for those with any infirmity. If you are in good health but take medication, you must let us know. If you are over 65 years of age, or suffer from any medical condition which could be adversely affected by exercise, particularly a heart condition, or suffer from an allergy, you must let us know, and you must have attended your GP and had your medical form signed by your GP.

You must return the Classic Tours medical history form and declaration, with which you have been issued, and return it along with this application form.

Next of Kin *(for emergency use, someone contactable, while you are away)*

Name: Relationship:

Address:

..... Post Code:

Daytime telephone: Evening telephone:

Dietary Requirements

Please let us know if you have any special dietary requirements e.g. vegetarian:

.....

Please let us know if you are allergic to any foods:

Fundraising

Please indicate how you aim to raise your sponsorship

.....

What is your personal sponsorship target?

T-shirts

We will provide two performance T-shirts for the ride.

Please tick box for size:

 S

 M

 L

 XL

 XLL